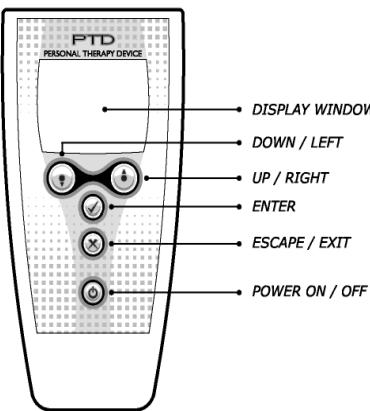


PTD Quick Start Guide

Main Buttons



Selected your program- let's get it working

Press this key

on/off

up/right

down/left

enter

up and down

enter

down/left

enter

down/left

to turn on the PTD

key to select the main MENU

to highlight the BASE option,

key to confirm selection

to scroll through the categories list

to confirm the category choice

to scroll to the problem

to confirm the problem choice

to start the selected program

Place PTD close to the body or beside the area of attention

Allow the program to run its course.

Options

To pause the program: press the down key for 2 seconds

To resume the program: press the down key for 2 seconds

To stop the program: press the escape/off key for 2 seconds

| WORK | |
|-----------|-------|
| ALL STEPS | 02 |
| CUR. STEP | 01 |
| TIME | 15.00 |
| CYCLES | 01 |
| PAUSE | MENU |

Last Mode

The last 10 programs are stored here- so it enables you to find the program more easily. Select and confirm in the same way as Base mode.

User Mode

Here you can:

- Increase time to 59.99 minutes
- Run the same program up to 49 times (useful for cold etc. treatments)
- Take a 1-2 step program that starts with a relevant issue and add other programs to make up your own sequence of 8 steps.

Please see the user manual- it looks complex but is reality is simple!

Medication

Some medications for blood thinning, BP medications, thyroid medications etc. need regular monitoring. Please see User Manual "Program Selection Approach and Usage Hints".



Specific Contraindications

- Pregnancy
- Pacemakers and other electrical implants
- Epilepsy or proneness to seizures
- Under influence of drugs or alcohol.

Help in Program Selection

1. Use the "Program Selection Form"
2. Contact your health professional
3. Consider an EIS/Introspect assessment

Support in selecting programs

Contact your supplier first using the "Program Selection Form".

Technical Support (UK)

john@bioenergypartnership.co.uk

Please use the "Program Selection Form" for feedback so we have the information to work with and best help. This is important and really helps!

What the PTD is not

The PTD makes no claims, either directly or inferentially, for the treatment of any prevention, monitoring, treatment or alleviation of disease; or of compensation for an injury or handicap; or for replacement or modification of the anatomy or of a physiological process. Any benefits from PTD use result from an improvement in wellness.

How the PTD works

The body has software and hardware (like a computer). The software- in your body the SRS (Self Regulating System) is the software. When robust and normal it supports health processes. The SRS can be disturbed when there is a health issue. The PTD offers corrective information for the SRS. You can use for new (acute) issues, older, established issues (chronic) and proactively for health protection and optimisation.

Sharing

The PTD can be used for you and your family and friends. So can animals, babies, children- but there are notes for use- see FAQ's.

Looking after your PTD

Charging: takes 12 hours

Dropping: the PTD is not friendly to dropping. Secure it well.

Water: is not kind to the PTD.

Plugged in: not for operation (doesn't work that way!)

When to use

Anytime, any place! Start as soon as a new issue shows: the sooner you start the quicker the result. A cold will go within a day of you get in early.

Where to use

Please ensure that the PTD can not drop- e.g. from a pocket. The belt holder is good for many general treatments: however a treatment will work up to twice as fast the closer it is to an issue: for headaches use close to the location, for sinus use close to the sinuses. Especially for head processes (hypothalamus, serotonin, dopamine) use under a hat on the

head. For a joint or localised arthritis use a small belt strap, a sweat band, a yoga belt.

Selecting a program

There are programs for new and established issues.

Use symptomatic programs for a new or occasional symptom. Use deeper programs are for established (chronic) issues. The starting point is program categories. Programs have 1 to 8 steps: each program runs for 15 minutes.

Program Categories

Programs are stored in categories: this is the starting point. Programs under a category work only within that area.

Miscellaneous has programs for which fit categories where there are only 1 or 2 programs. We suggest that you get familiar. There is also a listing on the DVD alphabetically.

New issues (acute, recent): Use the PTD as soon as it starts!

A cold can be stopped within a day if you use it continuously as soon as there is an issue. Headaches respond within 1 or 2 treatments. New muscle pain can respond in 1 treatment.

New issue programs usually have 1-3 steps. Look under the category first and also symptoms. Some programs are under miscellaneous. Always try to use an appropriate organ if available. The main symptomatic programs are under symptomatic and some under specific categories e.g. headaches. Others are listed in the user manual.

Deeper programs for established issues

These normally have 5-8 steps to address multiple aspects. Some are however just single step programs e.g. arteriosclerosis.

Use 3-6 times per day with gaps equal to the program time. Often established issues have multiple dysfunctional aspects with several organs and systems involved. In addition to the main issue treat others aspects and especially any organs involved e.g. thyroid issues often involve the adrenals and blood sugar regulation. Many issues arise because of stress- the stress reduction programs are great for all. (This could mean almost continuous treatment). If you are using a lot we suggest that you try a rest day weekly.

Long standing issues can take a few weeks to a few months to show a change. Be patient, consider how to evaluate changes.

A Reference Program Sequence

1. Organ
2. Issue
3. Organ
4. Other parts of the issue origin

In emergencies

Call the ambulance!

Use the PTD whilst you are waiting.

Preventative & Supportive Programs

You can tune your health and optimise your health using general programs (immune, circulation etc.) As well as optimising your health for events.

Notes on Specific Programs

Please also see the expanded explanations list.

Headaches: these are symptomatic, try general first unless you know the specific origin.

Sleep and Insomnia: use sleep before bed, you can use insomnia under the pillow at night.

Pain: pain 1 works on the nervous system, pain 2 on the endorphin (natural body anti pain hormones) SRS.

Hyper/hypo glycaemia benefit for good blood sugar control.

Travel: active defence.

Feel Good: serotonin

Stress: stress/sleep problems; relaxation/calm SNS

There is no program for my issue. The PTD only contains programs that give results. Check if there is another name for the issue; locate and treat any organs involved; treat the common foundational aspects

Issue goes and then returns Pain is a good example- if this is recent e.g. overtraining it works well and quickly. If it comes from a spinal issue then unless the cause is addressed it can return. So it is smart to consider the whole development process behind the issue.

I feel worse after This can happen with the detoxification program: so go slower, drink lots. It is very unusual to have reactions from other programs- if this happens contact us.

I treated the wrong item! The body's SRS will only pick up on what it needs. We do suggest that you don't use wrong programs too often- the body may get resentful.

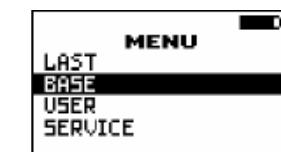
My issue is emotional Treat the emotional organ involved- use Chinese medicine or Louise Hay etc. associations. Use serotonin program to help.

Technical Operation

Program Styles

Opening Screen

Menu Screen



Base > Accesses All Programs

Last > stores the last programs. This is useful for quick access to your regularly used programs.

User> this enables you to compile and modify programs. Please see user manual.

Base Mode Use

1. Select Base mode
2. Select the category for your issue
 - Cardio-Vascular
 - Dental
 - Digestion
 - Ear, Eye, Nose, Throat
 - Female Organs
 - Headaches
 - Hormonal / Mineral Balance
 - Injury / Joints
 - Miscellaneous
 - Nervous System
 - Respiration
 - Skin
 - Symptomatic
 - Urinary and Genitals

Not there? Check miscellaneous/symptoms or treat any organs involved; treat the common foundational aspects

3. Select Problem



4. Start program